

PARENTWORKS

Information for Referral Agencies

ParentWorks is a partnership between Oranga Tamariki, Christchurch Methodist Mission (CMM) and parents with children (0 - 13) in care or where there are acknowledged care and protection concerns. It is a two stage intervention programme using both CBT and Triple P strategies, and provides a report at the end of Stage Two.

Stage One assists parents to understand and prioritise their children's needs; to recognize the impact their life choices have had on their children's development; to learn how to communicate for effective change and to decide whether parenting full time is in their children's best interests.

Stage Two highlights the importance of understanding and managing behaviour by using the group process to teach new skills and techniques. The home-based sessions with the children present, provide further teaching and coaching opportunities. A comprehensive report based on psychometric testing and observations from group sessions and home visits will be provided at the end of Stage Two, including recommendations.

Cost and Referral Process

Oranga Tamariki: Social Work Service Units (**1 per ParentWorks Stage**). Accord referral plus ParentWorks Referral Form required.

Community Referrals: No charge (covered by Ministry contract). CMM Community Services Referral form and ParentWorks Referral Form required.

PARENTWORKS STAGE ONE

WHEN: Twice weekly,
Tuesdays and Thursdays
6 – 29 August 2019

TIME: 10am - 12:30pm

VENUE: City Mission,
276 Hereford Street

PARENTWORKS STAGE TWO

WHEN: Once weekly, Tuesdays
17 Sept – 5 Nov 2019

TIME: 10am - 12:30pm

VENUE: City Mission,
276 Hereford Street

For further information and to discuss a possible referral please contact:
P. 03 375 1470 or intake@mmsi.org.nz



STAGE ONE (twice weekly for one month)

How Stage One works:

- > A pre-programme meeting between the parent, referrer, and CMM will identify Stage One goals
- > Parent attends a twice weekly 2 1/2 hour group session
- > A review of Stage One will identify changes and plan for future needs
- > There is no reporting to referrer unless requested by the client or concerns are identified during the group

Stage One supports parents to

- > Work through feelings of grief and loss
- > Prioritise the needs of their children
- > Increase knowledge of the impact of abuse and separation on children
- > Understand what it is like to be in care
- > Commit to a positive parental role
- > Build skills for quality contact
- > Increase communication skills and understand their responsibilities and rights

STAGE TWO (weekly for eight weeks)

How Stage Two works:

- > A pre-programme meeting between the parent, referrer and CMM to identify Stage Two goals
- > A weekly group focuses on personal development and positive parenting skills
- > A weekly home visit personalises the learning by coaching and supporting parents to try out the strategies taught. Referrer must organise regular contact during the week to facilitate this

Stage Two supports parents to

- > Understand and manage emotions
- > Build attachments and strengthen relationships
- > Explore thoughts and attitudes about parenting
- > Learn positive parenting strategies
- > Understand the causes of children's behaviour
- > Manage misbehaviour
- > Develop and plan effective routines
- > Establish survival tips for difficult situations