

# PARENTWORKS

A programme for parents who have a child/children (aged 0–13) in the care of Oranga Tamariki or who acknowledge there are care and protection concerns.

**Stage One** covers topics including the impact parents' life styles have on children, understanding how children's brains develop, how to recognise and prioritise the needs of children and much more.

**Stage Two** covers topics including coping with anger and other feelings, being aware of children's needs and development, managing misbehaviour and much more.



## PARENTWORKS STAGE ONE

**WHEN:** Twice weekly,  
Tuesdays and Thursdays  
6 – 29 August 2019

**TIME:** 10am - 12:30pm

**VENUE:** City Mission,  
276 Hereford Street

## PARENTWORKS STAGE TWO

**WHEN:** Once weekly, Tuesdays  
17 Sept – 5 Nov 2019

**TIME:** 10am - 12:30pm

**VENUE:** City Mission,  
276 Hereford Street

**For further information please contact:**

P. 03 375 1470 or [intake@mmsi.org.nz](mailto:intake@mmsi.org.nz)



# STAGE ONE

## Topics:

- > The process of grief and loss for both parents and children
- > The impact parents' life styles and issues have on children
- > Understanding how children's brains develop and the important role we play in it developing positively
- > Understanding children's emotional development
- > How to recognise and prioritise the needs of children
- > Family violence and its effects
- > The legal system – how it affects you and your children
- > Oranga Tamariki system and processes
- > Your responsibility and rights as parents
- > Developing effective communication skills
- > Strategies for positive contact with your children

## In Stage One

- > You attend a **group twice a week** over a period of a month

# STAGE TWO

## Topics:

- > Understanding your own behaviour
- > Coping with anger and other feelings
- > Being aware of children's needs and development
- > Managing misbehaviour
- > Planning ahead for difficult situations
- > Staying calm and reducing stress

## In Stage Two

- > You attend a **weekly group session** to learn new skills
- > You have a weekly visit from a home-based social worker when you have contact with your children
- > The home-based social worker will work alongside you to assist you to use the skills you are learning in group