

PARENTWORKS

A programme for parents who have a child/children (aged 0–13) in the care of Oranga Tamariki or who acknowledge there are care and protection concerns.

Stage One covers topics including the impact parents' life styles have on children, understanding how children's brains develop, how to recognise and prioritise the needs of children and much more.

Stage Two covers topics including coping with anger and other feelings, being aware of children's needs and development, managing misbehaviour and much more.



PARENTWORKS STAGE ONE

WHEN: Twice weekly,
Tuesdays and Thursdays
10 Aug – 7 Sept 2017

TIME: 10am - 12:30pm

VENUE: City Mission,
276 Hereford Street

PARENTWORKS STAGE TWO

WHEN: Once weekly, Tuesdays
19 Sept – 14 Nov 2017

TIME: 9:30am - 12:30pm

VENUE: City Mission,
276 Hereford Street

For further information please contact:

P. 03 375 1470 or intake@mmsi.org.nz



STAGE ONE

Topics:

- > The process of grief and loss for both parents and children
- > The impact parents' life styles and issues have on children
- > Understanding how children's brains develop and the important role we play in it developing positively
- > Understanding children's emotional development
- > How to recognise and prioritise the needs of children
- > Family violence and its effects
- > The legal system – how it affects you and your children
- > Oranga Tamariki system and processes
- > Your responsibility and rights as parents
- > Developing effective communication skills
- > Strategies for positive contact with your children

In Stage One

- > You attend a **group twice a week** over a period of a month

STAGE TWO

Topics:

- > Understanding your own behaviour
- > Coping with anger and other feelings
- > Being aware of children's needs and development
- > Managing misbehaviour
- > Planning ahead for difficult situations
- > Staying calm and reducing stress

In Stage Two

- > You attend a **weekly group session** to learn new skills
- > You have a weekly visit from a home-based social worker when you have contact with your children
- > The home-based social worker will work alongside you to assist you to use the skills you are learning in group