

# FOSTERING CHANGES

## A PROGRAMME FOR FOSTER CARERS



## Building relationships and managing difficult behaviour of children in care

*"Some of the stuff 'just works' so we wanted to come back to each session."*

*"It's helped me to understanding the trauma behind the behaviour and why the strategies I used to raise my own children don't necessarily work for the child I am caring for."*

*"Great to meet others with the same issues and hear what my child is doing is similar to other children in care."*

## A UNIQUE 12 SESSION PROGRAMME DESIGNED FOR:

Family/whanau and non-family carers with children in short or long term care

The programme delivers practical skills to foster carers to manage difficult and challenging behaviours and form positive relationships with the children they look after. Evaluation of the programme has demonstrated significant improvements for carer-child interactions and benefits in carers' confidence and self-efficacy overall.

This evidence based programme was developed by British Association of Adoption and Fostering and has successfully run in the UK for over 15 years.

**WHERE:** Where: Papanui (details to follow)

**WHEN:** Thursdays 9.30 – 12.30pm

2nd November – 30th November

We respectfully request that children do not attend these sessions

For further information and to discuss a possible referral:

Phone 03 375 1470 or [intake@mmsi.org.nz](mailto:intake@mmsi.org.nz)

[www.mmsi.org.nz](http://www.mmsi.org.nz)